

CHILD MENTAL HEALTH & BEHAVIOR SUPPORTS

CART (Childcare Alliance Response Team): A rapid response team that provides intensive on-site coaching, training and consultation of research-based, behavioral intervention strategies rooted in Early Childhood – Positive Behavioral Supports (EC-PBIS) to child care providers to support children ages birth to five experiencing behavioral challenges.

Referral line: 319-399-6746

Website: https://www.gwaea.org/families/childhood/

TIES (Teaching Interventions to Empower and Strengthen families): An early intervention, group-based, positive parent education program to reduce maladaptive behaviors in children 18 months to five years of age. Participants increase knowledge of child behavior, improve effective communication, and understand developmental milestones. Families learn and implement our eight strategies of effective parenting. Contact: 319-558-4861

Website: https://www.unitypoint.org/locations/unitypoint-health---st-lukes-childrens-specialty-services

Tanager's Infant & Early Childhood Mental Health Consultation (IECMHC): Supports identified Linn County early care providers to enhance their expertise in supporting children's social and emotional needs. Consultant collaborates with program leadership team, supports teachers, and assists in developing plans for individuals/groups of children, as well as working with families.

Contact: 319-365-9165 x258

Website: <u>https://tanagerplace.org/</u>

CHILD & FAMILY SUPPORTS

Linn County Nurturing Parent Program:

Short Term: Voluntary, short-term, intensive, in-home parent education and support to families whose children remain in their care, but are at risk for having child removed. Open to any non-court ordered family. Experience in serving clients with maternal depression. Typically, families will receive 2-3 home visits per month for 4-7 months.

Contact: 319-892-5783

Website: <u>http://www.linncounty.org/135/Family-Visitation-Services</u>

Long Term: Voluntary, long-term, in-home support services to increase family stability and child safety. Services include home visits, family plans, child developmental screen, parenting information, and linkage with community resources. Typically, families receive 2 visits per month for 1 year⁺ but frequency is based upon the needs of the family.

Contact: 319-892-5783

Website: http://www.linncounty.org/135/Family-Visitation-Services

YPN Parents as Teachers:

Long Term: Voluntary, long-term, in-home support services to increase family stability and child safety. Services include home visits, family plans, child developmental screen, parenting information, and linkage with community resources. Typically, families receive 1 visit per month for 1 year⁺ but frequency is based upon the needs of the family.

Contact: 319-364-8909 Website: https://www.ypniowa.org **Family Learning Connection (FLC)**: Short-term group-based parent/caregiver education to support family stability and provide access to resources for families of all types, including families with young children having diverse needs and families new to parenting in the US. Groups consist of 6-8 weekly sessions at a local family-friendly host site and are led by trained facilitators. Sessions include a family meal/snack, 60-minute educational session, childcare, and family activity, as well as opportunities to meet other families with young children, have a child developmental screening done, and learn about community resources. Translation and transportation supports are available as well.

Website (and available family group registration): <u>www.hacap.org/flc</u> Contact: 319-739-0022 or <u>familylearning@hacap.org</u>

Building Bright Futures (BBF): Group-based parent/caregiver education provides prenatal and parenting education classes one night a week for 40 weeks of the year for parents who are pregnant or have a child under the age of 5. YPN provides free transportation, a free meal, and free childcare. Contact: 319-364-8909 Website: https://www.ypniowa.org

EARLY CARE & EDUCATION SUPPORTS

Early Head Start & Head Start Wraparound Services: HACAP Head Start/Early Head Start provides children with free full-day, full-year, quality early childhood experiences that increase their school readiness skills and prepare them for their next level of learning. In addition to classroom instruction, children receive health and dental screenings, are served nutritious meals and snacks, and enjoy learning in a safe, accepting and supportive environment. Early Head Start Infant classroom at Inn Circle, and children ages 3-5 enrolled in Head Start classrooms at Inn Circle, Marion and Olivet. Contact: 319-739-0087

Website: http://www.hacap.org/what-we-do/children/programs/

Linn County Child Development Center Wraparound Services: Free full-day, full-year, quality care for children (3-5 years) enrolled in the part-day Head Start or Shared Visions classrooms at the Center. Contact: 319-892-5723

Website: http://www.linncounty.org/129/Child-Development-Center

PREVENTATIVE CHILD HEALTH SUPPORTS

Child Care Nurse Consultant: The CCNC is a registered nurse licensed in Iowa who is trained in the nationally approved child care health competencies for health and safety in child care and early education. The CCNC provides on-site health and safety consultation, assessment, technical assistance, special health care needs planning, and training to child care and early education providers. Contact: 319-538-4458

Website: https://www.hacap.org/children

Family & Community Health Alliance Oral Health: Dental Care Coordinator and Dental Hygienist increase access to oral health care screenings and treatment for children under age 6 and pregnant women through St. Luke's Dental Clinic and community events. Contact: 319-739-0601

Website: http://www.hacap.org/what-we-do/food-nutrition/programs/